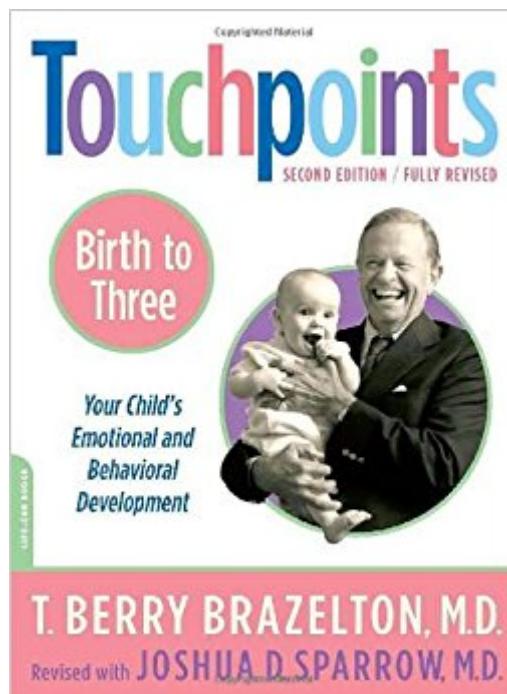


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# Touchpoints-Birth To Three



## **Synopsis**

All over the U.S. and in over twenty countries around the world, *Touchpoints* has become required reading for anxious parents of babies and small children. T. Berry Brazelton's great empathy for the universal concerns of parenthood, and honesty about the complex feelings it engenders, as well as his uncanny insight into the predictable leaps and regressions of early childhood, have comforted and supported families since its publication in 1992. In this completely revised edition Dr. Brazelton introduces new information on physical, emotional, and behavioral development. He also addresses the new stresses on families and fears of children, with a fresh focus on the role of fathers and other caregivers. This updated volume also offers new insights on prematurity, sleep patterns, early communication, toilet training, co-sleeping, play and learning, SIDS, cognitive development and signs of developmental delay, childcare, asthma, a child's immune system, and safety. Dr. Sparrow, Brazelton's co-author on several other books, brings a child psychiatrist's insights into the many perennial childhood issues covered in this comprehensive book. No parent should be without the reassurance and wisdom *Touchpoints* provides.

## **Book Information**

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## **Customer Reviews**

Little Rock Family, February 2010; [Brazelton's] advice is timeless. — Warwick Beacon, 8/19/10; Should be required reading for any prospective parents or child daycare providers. — Brain, Child magazine, 1/29/15; A book like this reminds us that each child is an individual and not just a symptom, disorder, or disease. — (A Top 10 Book for Parenting

## Children with Disabilities)

T. Berry Brazelton, M.D., founder of the Child Development Unit at Children's Hospital Boston, is Clinical Professor of Pediatrics Emeritus at Harvard Medical School and Professor of Pediatrics and Human Development at Brown University. He is a famed advocate for children, and his many other internationally acclaimed books for parents include *To Listen to a Child, Infants and Mothers*, and, with Stanley I. Greenspan, M.D., *The Irreducible Needs of Children*. Joshua D. Sparrow, M.D. child psychiatrist and supervisor of inpatient psychiatry at Children's Hospital Boston, is Assistant Professor of Psychiatry at Harvard Medical School, and Associate Director of Training at the Brazelton Touchpoints Center. He is co-author with Dr. Brazelton of *Touchpoints Three to Six* and several titles in the *Brazelton Way* series.

I love that Dr. Brazelton can explain childhood from a child's eyes. Reading his books has helped me understand why my son acts a certain way from his perspective. I don't know that any other 0-3 book does that. Every time my child was in a stage that was frustrating, I would pick up this book, and sure enough, he would explain why my child was acting the way he was. It has helped me understand my son better and not get as frustrated. My other greatest lesson from this book was that very young children go through transition/adjustment periods. When I would get frustrated with a behavior, I learned to wait through it, knowing it would get better in a short period of time. Dr. Brazelton gave me hope, encouragement and lots of terrific help (from a pediatrician who really tries to **UNDERSTAND** a child, not just treat problems).

Good guide. I must definitely don't agree with everything and don't like that he writes it as if this is how it should be. But I get over that and overall it's a good guide for first time parents, to know what is coming what is happening and what to expect, even though pediatricians aren't always right, And we as parents don't always have to follow.

A pediatrician recommended this book and I absolutely love it; I would recommended it for every new parent. For a first time mom, this has answered so many questions and provided the guidance that I needed to navigate all the weirdness that comes with being a parent. I also like that it's broken up into so many different segments so you don't exactly have to read every section in order.

This is a fantastic book to read as your child grows and changes. I bought this copy for a friend

because I love my own so much. Brazelton outlines what to expect in the cognitive, emotional and physical development of your child within ranges of ages because, as he notes, all children grow at different rates. I appreciate the down-to-earth yet professional tone used and I will and have recommend this book to many friends and family members.

This is an excellent book for new and seasoned parents. Many books focus on physical development, Dr. Brazelton focuses on emotional development. Wonderful book, and I used a lot of the advice with my own kids and it worked.

Love Terry Brazelton. He is right on!

My good friend gave me her copy of Touchpoints when my daughter was born. This book is amazing. Brazelton is always spot-on in his predictions. One example is in the 2 year old section where he says the kids will walk into the exam room like they own the place. I read that part at around 18 months and my kid was shying away at that point. I thought, 'There's no way she'll do that.' Fast forward to her 2 year checkup and sure enough, she walks in like she owns the place. I like his advice and his overall attitude. The potty training advice is some of the best I've seen and I've read a lot of baby/kid books. This is tops on my standard baby shower gift list.

This is the definitive book for child care birth to three I read his original 30 years ago and his advice is truly timeless and the best! Just bought for my daughter expecting and I am SO glad Dr. Brazelton advice and wisdom is still available an even more relevant today.

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